Welcome back to term 4

Welcome back for our final term of 2015, it is shaping up to be an exciting end to the school year! I hope all of our families enjoyed the unusually warm spring weather and were able to spend some quality time together outdoors during the break.

Mrs Martens sends her well wishes for the start of term from Thailand and Laos where she has been enjoying sightseeing, sampling the different cuisine and relaxing massages.

I would like to officially welcome Chris Shaddock and Clare Whittaker-Allan to CDS. Chris has come across to us from Macgregor PS and will be our deputy principal whilst Mrs Martens is on leave. Clare is currently teaching 1/2LG and will move to KGD as Lee-Anne returns from long service leave and Gayle takes hers. Please be sure to introduce yourself and make these new staff members welcome.

Please join me in congratulating Jamal Sabet on his appointment as the school’s Youth Support Worker in 2016.

At the end of last term the students ran a ‘Coin Line’ fundraiser to support the purchase of headphone sets for all students K-6 to use with our ICT resources. In total we raised $780. The class with the longest line was 1/2LG with a whopping 27.7m, followed closely by KSC with 20.1m and 1/2VW with 16.1m. 1/2LG also recorded the largest total with $116, KSC followed behind with $91.45 and 5/6LD $82.75. Thank you to everyone who contributed.

Our year 3/4 students left for camp at Warrumbui today. We trust they have a wonderful learning experience and that families enjoy the taste of independence their children get through attending. We look forward to hearing about their adventures on return.

CDS turns 40 this year and to celebrate we are holding a 70s themed festival on Friday 6 November from 6-9pm. The organising committee have been very creative in their coordination of the event and it is going to be a fantastic celebration for our community.

Please make sure you pass on details to all ex students, families and staff of CDS. All are welcome and invited to attend. For up to date details check out our school Facebook page.
**REACHing for the stars**

This fortnight our students will be going deeper into learning what it means to show Respect. We hope to see many more students earning their black 'Respect' wristbands this term.

You will notice new signs starting to appear throughout the school this term that assist students to always demonstrate our REACH values. Our first set support students in how they can show our values when moving through the school hallways.

You can assist us by reading and discussing them with your children when you are in the school.

**Sporting News**

Congratulations to Natalie Moore who came 6th in the Girls 12 years shot put at the 12 and under ACT School’s athletics carnival. Nat competed against 20 other girls in her age group. We are amazed at your efforts and you have represented our school with such a positive attitude!!

Congratulations also to Matthew Brown who was runner’s up Best and Fairest in the Under 8’s Magpies Football club. It was his first season and a great achievement playing boys 2 years older than him. We hope in the years to come we might see you on the big screen!

Tiasha Ursino has also put in a fantastic effort competing in the National Clubs Gymnastics Competition in Bendigo. Tiasha’s team competed in level 8 and ranked third place which earned Tiasha a bronze medal. Fabulous work Tiasha!

If you have any sporting news for the newsletter please come and let Mrs Brown know so we can acknowledge the fantastic achievements of our students.

**P & C Press**

Remember to book a stall in our Car boot Sale on Friday 27th Nov. Only $20. Spots are filling up. It is time to clean out your cupboards and turn your junk into cash. Contact Jen 0434518949. All proceeds will go towards a new outdoor community meeting place that will double as an outdoor learning area for the school.

Congratulations Carolyn on the successful application of a Stronger Communities Grant for the P&C to build an outdoor community meeting place. The grant includes $17,900 and the P&C will have to match it dollar for dollar or with in-kind contributions. We are currently finalising plans and costings. If you have building or landscaping skills we’d love to hear from you!

All lost property items have been sorted and are on display in the Fish Bowl until Tuesday October 20. Any unclaimed non school items will be donated to charity.
CHARNWOOD AFTER SCHOOL CARE

Where: Charnwood Dunlop School Hall
When: Monday to Friday
Time: 3:00pm-6:00pm
Cost: $2.90 per day (CRN/CCB’s available)
       $31.50 (casual care)

The Program provides an afternoon snack, inside/outside play and programmed activities. Water bottles and sunscreen are also provided.

2016 ENROLMENTS ARE NOW OPEN!!!!!

Community News

Clothing Swap

Hosted by the Canberra and Region Multiple Births Association (CARMBA) and the Charity of Goodness and Kindness

Are you pregnant or needing new clothes for your growing children?
Drop off clothes prior to the swap and swap them for new ones on the day.

WHEN: Sunday 1 November
TIME: 1:00-2:30pm
WHERE: Gan Israel Community Centre, 3 Gari Place Giralang
COST: $5 members, $10 non-members

For more information and clothing collection points please visit http://carmba.org.au/
Gifted and Talented Students Policy

To support implementation of the *Gifted and Talented Students* Policy, the Education and Training Directorate commissioned specialist consultants, Gateways Education, to develop a series of six articles to provide information to parents and the community about gifted and talented children. The following article about assessment is the third in the series.


**Quality Assessment for Gifted Learners**

The *Australian Curriculum* provides schools, parents and teachers with guidelines about the role of assessment in teaching and learning:

> Assessment encourages longer-term understanding and provides detailed diagnostic information. It shows what students know, understand and can demonstrate. It also shows what they need to do to improve. (ACARA, 2015)

Assessment is the process of gathering and interpreting evidence about students’ learning to assist in setting learning goals and planning the next steps in the teaching and learning process. Specifically, assessment:

- provides feedback on current levels of performance (VanTassel-Baska, 2002; Hattie and Temperley, 2007)
- identifies the strengths and areas requiring development in a student’s learning profile, in order to evaluate the best learning environment and experiences for students
- assess the effectiveness of the learning program (VanTassel-Baska, 2008)
- plan future learning experiences (Sheppard, 2000; VanTassel-Baska, 2005, 2010).

**What is quality assessment?**

Quality assessment of students’ learning is designed with the learners, curriculum content, learning goals, and the teaching in mind, and thus, is a complex interplay between these factors. The following points are integral to the development of quality assessments. Quality assessments:

- have strong validity and reliability – learning is measured accurately and similar results are obtained in a variety of contexts
- have good inter-rater reliability – results are consistent due to the clarity of marking criteria
- demonstrate the outcomes of the learning program (VanTassel-Baska, 2013) and growth in student learning
- are designed in a range of formats and provide multiple opportunities for learners to demonstrate achievement (Linn et al., 1991).

**How does quality assessment work for gifted learners?**

Learning programs designed for the gifted must provide students with a rigorous high quality experience that readies them to successfully traverse the next level of educational challenge (VanTassel-Baska, 2002, p. xxxii). Assessment for gifted learners should be designed within the framework of this program.

The first step in addressing the learning needs of gifted students is to establish their current level of achievement and determine whether this aligns with their identified level of ability. This can be achieved by using a variety of assessment strategies.
Assessment for gifted learners should also take different forms to ensure that students’ development can be measured and considered from multiple perspectives. These formats may include:

- assessments aligned to the extended curriculum offered to gifted students
- assessments based on applying problem solving skills and solving real world issues
- standardised assessments at and above the students’ year level to minimise any ceiling effect (upper limits of the assessment) and ensure assessment does not limit the performance of these students (VanTassel-Baska, 2005).

Adjustments to the learning program should then be made in response to this information. This may include the use of conceptual frameworks, critical and creative higher order thinking and the addition of advanced content (VanTassel-Baska and Staumberg, 2010).

What are the implications for gifted learners?

The different learning capacity of each gifted student creates unique challenges when considering the best way to assess their learning and progress. Perhaps the most important factor is to use measures that provide visibility of the actual growth that has occurred across a period of time.

Quality assessment for gifted learners involves using measures which allow parents, students and educators alike to see the true academic growth of the gifted learner. This is vital as gifted students may attain high levels of achievement without necessarily demonstrating learning gain or growth.

For example, students may arrive at high school already knowing or understanding the content and/or skills that are to be studied in mathematics in that year. The school may assess the identified gifted students of an incoming cohort using an advanced assessment to measure their achievement. To assess the subsequent learning growth of these students it would be important for them to have an extended and accelerated learning program in mathematics, and then be assessed above grade level. The key understanding to be taken from this example is that assessments for gifted learners should be designed to be able to measure the full growth of these learners in order to communicate more than the attainment of year-level outcomes.

Educators use quality assessment to accurately assess skills, understandings and different types of learning. Without such assessments, the learning growth of gifted students may never truly be measured within the school context. Furthermore, assessments, which are rigorous and appropriately designed for gifted learners, will translate beyond the classroom and into lifelong learning.

References


U Can Sing

Join the University of Canberra's children's music class and become part of a dynamic practising and performing group. Held in Aranda Primary School’s Music Room after school, with Aranda Primary’s music teacher Melissa Alexander, U Can Sing is for those who love music, and want to learn to sing better and improve vocal technique, ensemble and performance skills, to play percussion as they sing, and to make new friends.

Rehearsals: Mondays 3.45-5.00pm in Term 4 2015.
Thursdays 3.45-5.00pm from Term 1 2016.

Further information and online enrolment: www.canberra.edu.au/music
HAVE YOU SEEN THE ACTIVE BRAIN CAFE LATELY?

STUDENT RUN CAFE BUSINESS

COMMERCIAL ESPRESSO MACHINE

BRAND NEW BOOK DISPLAYS

REACH OUT
CHARNWOOD-DUNLOP SCHOOL NEWS
cool kids program

Children who experience anxiety are often described as ‘worriers’ or ‘worrywarts’—they worry excessively about many areas such as schoolwork (getting things right, being on time), relationships (family, friendships), health, safety (burglars) and new situations. Anxiety can affect children to the point they are missing out on enjoying some aspects of life. When the child finds it very difficult to stop worrying, and the worries occur more days than not, then it is worth seeking help.

The Cool Kids Program is a structured, skills-based program that teaches children and their parents how to better manage anxiety. It involves the participation of both children and their parents, and focuses on teaching clear and practical skills. The program is theoretically grounded in Cognitive Behavioural Therapy and has been extensively tested and validated.

Topics covered in the program include:
- Learning about feelings and anxiety
- Detective thinking, and learning to think more realistically
- Ways that parents can help
- Fighting fear by facing fear (stepladders)
- Learning to solve a problem
- Building assertiveness and dealing with teasing

**ABOUT THE PROGRAM**
The Cool Kids Program runs for 10 one hour sessions over 10 weeks. Two groups are run concurrently, one with the children, and one with the parents. Parental involvement is important as, along with the help of the therapist, you will be asked to: aid your child plan and implement these new skills; explore the ways you could interact with your child’s anxious behaviours differently, and; provide your child with support and encouragement as they progress through the program. Research has shown that for children, involvement of parents in the treatment of anxiety disorders leads to much better outcomes.

**WHO ARE THE FACILITATORS?**
The Cool Kids Program will be run by Dr Eliza Ahmed and Dr Mitchell Dowling, registered psychologists with extensive experience working with young people. For more information on Mitch and Eliza please visit northsidepsychology.com.au

**WHO WOULD BENEFIT FROM ATTENDING A COOL KIDS PROGRAM?**
The program aims to help children with all kinds of anxiety, including generalised anxiety, specific fears, panic attacks, excessive shyness, or OCD. Children need to be aged between 8 and 12 years.

**CONTACT US**
Phone us on 02 6255 3008, email us at info@northsidepsychology.com.au or visit our website at northsidepsychology.com.au

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**location**
Gungahlin Library,
Corner of Hibberson and Gozzard streets,
Gungahlin ACT 2912

**time**
Mondays, 3.30pm - 4.30pm

**dates**
12 October – 14 December 2015

**cost**
$1,400 per family.
Please contact us about Medicare rebates.
**Reach Out**
**Charnwood-Dunlop School News**

**ICON WATER Run for Your Lifeline**

**Run For Your Lifeline Canberra II**

*SUNDAY 1 NOVEMBER 2015
Majura Parkway, Majura Valley ACT
REGISTER NOW WWW.RUNFORYOURLIFELINE.COM.AU*

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6 week program starting 27th October 2015
Tuesday’s 4:00pm – 5:00pm
National Hockey Centre, Lyneham ACT
Years 3-6
$270 per team
6 a side

**Hockey ACT**

**CHAMPIONSTIX**

Championstix is aimed at schools trying to develop and introduce hockey. It is not about the best team, rather focusing on participation, developing key motor skills and enjoyment. Participants will experience 30 minutes of quality coaching by Hockey ACT followed by a modified game against another school.

*Hockey Sticks can be provided if needed
*Each team must have a coach or manager with them*

To register a team/s please contact Hockey ACT
www.hockeyact.org.au
shelley.watson@hockeyact.org.au
02 6257 2374
Karate: the great off season and school holiday activity

Children who train in karate are less likely to be bullied and school work and class behaviour can improve due to karate’s disciplined and respectful training

No contracts: pay as you go

- Build confidence
- Improve fitness
- Gain self discipline
- Learn self defence

North side classes in:
- Evatt
- Fraser
- Harrison
- Holt
- Kaleen

other classes: all around Canberra, Queambeyan, Cooma, Bredbo, Yass

contact Wendy 0406 375 091
wendy.gkr@gmail.com

Fitness with purpose: karate for all ages
Learn self defense

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Drama Classes for Children

The magic of theatre in a playful and fun environment.

Little Drama Makers: 4–7 yrs
10.30–11.30am $90/6 classes

Junior Drama Makers: 8–13 yrs
12.00–2.00pm $140/6 classes

Starts Saturday 7 November in the heart of Canberra.

Places limited - BOOK NOW

dreamingshows.com
Karina 0450 599 494
dreamingshows@hotmail.com
PEACE QUEST

Yoga, massage, meditation and wellbeing for kids

Peace Quest Classes help kids unwind and relax each week, increasing resilience and self confidence. Kids learn skills to handle stress and worries for a peaceful, happy and confident life. Classes include:

- mindfulness
- yoga
- peer massage
- powerful self-talk and breathing to calm down
- meditations & visualisations
- journals for writing, drawing and reflecting for 7-12s

Peace Quest for 5-7s - 45 min class, 6 weeks $95
Peace Quest for 7-12s - 70 min class, 6 weeks $110
Cool Cucumbers for 3-5s - 40 min class, 6 weeks $95

Classes held in Charnwood on Tuesday afternoons and Farrer on Saturday afternoons. No yoga mat necessary.

Book and pay for classes online at birthjourneys.wazala.com

Contact Leonie McDonald on 0418 218 078 or leonie@strendon.com.au Leonie is a qualified primary teacher with WWVP clearance, insurance and has previously trained with Relax Kids UK.

EVATT PRIMARY SCHOOL
OLD FASHIONED FETE

SUNDAY 25 OCTOBER
11AM TO 3PM

Parachute jump at 1.00pm
(weather permitting)

food & drinks ✶ fairy floss
BBQ ✶ crafts ✶ jumping castle
plant stall ✶ white elephant
cake stall ✶ fun activities
Lego and Cake decorating competition

Contact meeharris@gmail.com for more information

THINGS TO WIN

YMCA SWIMMING LESSONS

Enrol in YMCA Swimming Lessons today and learn a skill for life.

Gungahlin Leisure Centre
71 The Valley Avenue, Gungahlin
6241 1132

Search “YMCA Swimming Lessons”
School Contact Details
Charnwood-Dunlop School
Bettington Circuit,
CHARNWOOD ACT
Ph. 62057322 Fax 62057321
info@charnwoodps.act.edu.au

Principal: Debbie Martens
Deputy Principal: Nicole Nicholson
Senior Team Leader: Louise Johnston
Junior Team Leader: Alison Wieland
BPIEC Team Leader: Susan Foster
Field Officer: Fleur Forster

School Board Chair: Angela Staples
Ph. 0414735110
P&C President: Jen McGruer
Ph. 0434518949

Change of Contact Details?
Have you changed your email address or phone number? Has your family situation changed?
Please remember to let the front office staff know immediately if your contact details have changed.
In the event of an emergency with your child/children at Charnwood-Dunlop School, it’s critical that our records are up to date so that we can reach you quickly.
Please email:
info@charnwoodps.act.edu.au

www.charnwoodps.act.edu.au

Calling for volunteers – we need your help!

Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help now that Elizabeth Hickey is no longer our Co-ordinator.
The program requires a volunteer School Banking Co-ordinator to facilitate the banking and distribution of School Banking rewards. This only takes a small amount of your time one day a week (approximately 1/2 an hour) and the Commonwealth Bank will provide support in how to run the program. CDS will give you access to a computer to assist with the paperwork and you will also be required to deposit the student funds at the Commonwealth Bank in the afternoon. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.
Currently, School Banking day is Thursday
Please indicate your interest in volunteering for this great program by filling in the tear off section below and returning it to the front office.

Yes, I would like to help with School Banking!
Name: ________________________________ Phone: ________________________________

REACH OUT
CHARNOO D-U NLO P S HO O L N E W S