Charnwood-Dunlop School News

Power to Power

School Parliament still going strong.

Our teachers have been using the Positive Behaviour Support approach to refine the way we promote our REACH values at CDS. We have created short catch phrases (definitions) for what each value represents at our school.

Respect: respect yourself, others and our school environment

Excellence: being and doing your best everywhere in the school

Acceptance: everyone is different and that’s ok

Commitment: you are the key to your success

Honesty: be true to yourself and others

You will also notice at the start of next term posters going up around the school as positive visual reminders of our expectations for students demonstrating the REACH values.

This fortnight our focus is Honesty.
**Staff Update for term 4**

Helen Lascaris has won a position at Namadgi School and will be leaving us at the end of term 3. We wish Helen all the very best at her new school and appreciate the positive contribution she has made at Charnwood-Dunlop. Namadgi is very lucky to have you, Helen.

Alison Wieland will be taking the role of school leader of the junior team during term 4. Alison is a wonderful teacher and team leader and we are delighted to have Alison in this role.

During term 4, some staff will be taking long service leave. Debbie Martens will be away on holiday in South East Asia for the first three weeks of term and when she returns Nicole Nicholson will take leave from weeks 5-10 to be mum at home with her daughter before she goes to kindergarten in 2016.

Chris Shaddock, deputy principal of Macgregor Primary School will be at Charnwood-Dunlop for term 4 supporting Nicole as she takes on the acting principal position for 3 weeks and then as deputy principal while Nicole is away. Chris visited the school on Monday afternoon to meet the staff and students and he is very excited about working here next term. We know you will all make him very welcome.

Lee-Anne Grunwald is also taking leave for the first 4 weeks of term and Clare Whittaker will be teaching 1/2 LG during this time. Clare has worked at Charnwood-Dunlop in a relief role this year and knows the children well. Clare will be attending the 1/2 planning day next week so she is part of the planning process for next term.

**40th Birthday Celebrations**

Preparations are well underway for a fabulous fun family festival on Friday 6th November, 6-9pm to celebrate 40 years since Charnwood Primary School first opened. We plan to have international food and market stalls, a 70’s theme dress up and music as well as skits, memorabilia, art show and more. Let all your friends know!

We still need more volunteers to help so please join us on Monday 21st September in the Café at 3.15pm (real coffee supplied) or let us know if you would like to help by calling the school on 62057322.

**Learning Journey**

We are looking forward to lots of families joining us for Learning Journeys on Wednesday 23rd September 2-5pm to celebrate the wonderful learning of the students at Charnwood-Dunlop School.

**Charny Carny Survey Results**

Last term we asked families to respond to a survey about the Charny Carny. Thank you to all the families who responded. The principals and School Board Chairs of Charnwood-Dunlop School and St Thomas Aquinas have met to analyse the results and a letter will come home to all families before the end of term about this.
Shot Put Success

Congratulations to Natalie Moore who made it into the ACT Championships for shot put. We are so proud of you! We can’t wait to hear how you go. Good luck!!!

Teacher Planning Days

During the next 2 weeks each teaching team will spend a day together to plan their teaching programs and assessments for next term. This important time allows the teachers to reflect on the data from this term, plan new learning experiences, share ideas and knowledge, gather resources and ensure there is a consistent approach across the team.

Safe and Happy Holidays

As this is the last newsletter for term 3 we would like to wish everyone a safe and happy holiday!

Bike Track News

The Charnwood-Dunlop Bike Skills Track is cool, fun and awesome!

The year 5/6 students at CDS thank the BACK BONE team for coming and helping us to be confident with riding BMX bikes on the track. I hope other kids like me can get great coaching so they to can learn skills to ride a BMX.

By Kasey Tait
Year 5/6 get the full BMX experience

Written by Lily Drew 5/6 MS

Have you ever learnt to do tricks on a bike? Well on Tuesday 15 September the year 5 and 6 students got to! First we got split into groups, we went to the basketball court to learn some skills then we also got to have a go on the new bike track.

We first started off by having our heads measured so then we would get the right size helmets. Next we started learning how to ride the BMX bikes and trust me it’s a lot harder than it looks. We did some laps of the basketball court, where we were practising weaving through cones, braking, learning how to pump and even some tricks like manuals and bunny hops! The people who taught us were amazing - their names were Chris, Rhys and Jack. They were from Backbone BMX and they were super talented. All of them have been riding for a long time and were really good (unlike I was but I’m sure I’ll get better with practise).

Chris, Rhys and Jack taught us about the ABC method (we needed to do this before we got onto the bikes) the A stood for air, we had to check our tyres to make sure that our bikes were rideable. The B stood for brakes, we had to make sure that the brakes were working so that we didn’t hurt ourselves. And finally the C stood for chains, we had to make sure that the chains were tight enough because if they were too loose then they would fall off and we would hurt ourselves and we DO NOT want that.

This is what the BMX bikes looked like.

The next thing that we did was actually try our new skills on the bike track. To be honest I was super nervous but I did my best and I wasn’t too bad (actually I was horrible). We rode over bridges, down rollers and around berms (I think turning around these was the hardest part) and even though the pedals scratched me countless times I had a fabulous time!

I highly suggest trying the bike track out for yourself.

Backbone BMX at CHARNWOOD-DUNLOP SCHOOL

Have you ever ridden a BMX bike?

Well on 15 September 2015 Backbone BMX came to Charnwood Dunlop School and some year five and six students got some coaching. First we went hoped on the basketball court to get started. We were taught tips to get started riding such as the ABC rule. This rule stands for checking your Air, Brakes, and Chain.

The next thing they taught us was very important - to always wear a helmet! We all put on the helmets and got a BMX bike each. We started riding and got to do some BMX tricks. The tricks were pumping, bunny hop, manual and braking. We all did extremely well on the tricks and we also got to go on the bike track which everyone loved and enjoyed.

THANK YOU CHRIS, RHYS AND JACK FOR YOUR TIME AT CHARNWOOD DUNLOP SCHOOL!

By Fatima Josie
CANTEEN REFURB

Congratulations to Nikole Hammond who has recently won the P&C a $2,000 grant to refurbish our school canteen. We will also be doing some fundraising in the near future to supplement this budget as we would love to give it a complete overhaul in order to provide better learning opportunities and facilities for our kids at CD5. Below are some pictures of the current canteen facilities.

If you have contacts to help us find good deals or discounts, trade skills or labour you can offer, or suggestions on the layout of the canteen, we’d love to hear from you. Contact Nikole on 0401419334 or nihammond87@gmail.com.

New cupboards/shelving?

New wall paneling/splashbacks?

New serving benchtop?
New roller shutters?

Installation of reverse cycle air-conditioner?

New white/smart board/tv?

A flip up step for smaller kids to access the main benchtop?

New flooring?

Relocation of display chest freezer?

New lighting?

New appliances?
Dishwasher/washing machine

New sinks and taps?
Father’s Day Breaky

HUGE SUCCESS! We had a great turnout for our Father’s Day Breaky this year. We delivered over 175 rolls and managed to get everyone served before 9am! The plentiful donations of eggs helped the P&C keep our costs down (to $277) and with the generous gold coin donations ($292), we came out in front for the first time ever. A massive thank you to volunteers Nikole Hammond, Teresa Ang, Ellen Lassman, Elina Voutilainen and Elizabeth Kikkert; it was fantastic to see some new faces. We also donated some left-over food to the school breakfast club. We hope all CDS dads and grandads had a wonderful day.

Students Beg Dad’s Boss! These two confident CDS students, Josh and Alisa Voutilainen, were so keen to bring their dad to Father’s Day this year, that after being told he was unable to take time off work, they decided to write a letter to his boss themselves. And of course, it worked (how could they refuse??). A great example of functional literacy and the strong student voice encouraged at CDS.

To Brett can
Dad came
To our Father’s
day breaky at
School. He’s
Never been
there! 4th of
September

kikki K
HAVE YOU SEEN THE ACTIVE BRAIN CAFE LATELY?

STUDENT RUN CAFE BUSINESS

COMMERCIAL ESPRESSO MACHINE

BRAND NEW BOOK DISPLAYS

SAUVAGE URBAIN

OUR READING CAFE NOW HOSTS A STUDENT RUN CAFE BUSINESS!

STUDENTS WILL BE IN CHARGE OF TAKING ORDERS, ACCEPTING MONEY, GIVING CHANGE, RUNNING THE TIL, ADVERTISING, CLEANING. THE STUDENTS WILL LEARN THE INS AND OUTS OF BUSINESS MANAGEMENT BY NEEDING TO PAY THE BILLS, KEEP TABS ON TEACHERS AND KEEP THE ACCOUNTING BOOKS.

THE CAFE WILL SERVE CAPPUCCINOS, FLAT WHITES, ESPRESSOS AND HOT CHOCOLATES TO STAFF MEMBERS, VOLUNTEERS AND PARENTS. SORRY KIDS!

WE ENCOURAGE PARENTS, GRANDPARENTS AND CARERS TO POP IN, GRAB A COFFEE AND ENJOY A BOOK WITH YOUR CHILD, OR SOMEONE ELSE'S!

FRIDAY
8:30AM - 9:00AM

ONLY $2

THE READING CAFE WILL STILL BE OPEN 5 DAYS A WEEK

SAUVAGE URBAIN
**Giant Community Garage Sale**

Don’t miss out on THE garage sale of the year, where over 60 stall holders will be selling their pre-loved treasure at bargain prices. Complete with live music, a jumping castle and face painting for the kids, sausage sizzle and café this is a fun, family day for stall holders and bargain-hunters alike. The stalls will pack the building and sprawl over the lawns of the North Belconnen Baptist Church. Stalls are only $20 and booking out fast so go to [http://www.northbelconnenbaptist.org.au/event-items/giant-community-garage-sale/](http://www.northbelconnenbaptist.org.au/event-items/giant-community-garage-sale/) to book yours. Mark your calendars - it’s just too good to miss!

When: Saturday, 24th of October

Time: 9am till 2pm

Where: North Belconnen Baptist Church, Chomley Court Evatt (Just off Copland Drive)

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**StepUP for Down syndrome**

- come walk with us!

**Sunday October 18th, 2015**

10.00am - 1.30pm

Rond Terrace, Parkes Way

Join members and friends around Australia as we walk for Down syndrome. StepUP for Down syndrome is part of a national event, which seeks to raise awareness and to celebrate the achievements of people with Down syndrome.

There will be lots of fun family activities, a sausage sizzle and lots more after the walk, so come along and enjoy the day in very good company!


For more information, please contact the ACT DSA office on 02990 0066 or admin@actdsa.asn.au

StepUP for Down syndrome is proud to be brought to you by

**Ginninderra Little Athletics**

**Registration Days 2015**

The new season is almost upon us and the Tigers will hold Registration Days at the following locations in September.

- **Saturday – 12 September** 9.00am to 12.00pm at Charnwood Shops
- **Friday – 18 September** 6.00pm to 9.00pm at Kippax Fair
- **Saturday – 19 September** 9.00am to 12.00pm at Kippax Fair

If you can’t make Rego Day, online Registration is now available – just follow the link [http://www.ginninderra.com/get-involved/registration/online-registration/](http://www.ginninderra.com/get-involved/registration/online-registration/)

There is always the chance to pop down to our Come and Try Day on the 10th of October 2015 at Charnwood Oval

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**Spring School Holiday Program**

at Belconnen Arts Centre

**Belconnen Arts Centre** welcomes back some regular tutors and some new tutors to offer a wide range of art activities from Tuesday 29 September – Friday 2 October, for young artists 5 to 12 years.

Check out the awesome School Holiday Program with workshops to engage, extend and enrich young and emerging artists. Activities include spring crafts, weaving, pottery and printmaking with artists Leigh Walker, Vikki Parsley, Marianne Mettes and Jo Hollett.

It’s strongly recommended to book in early to avoid disappointment – many of the workshops book out well in advance.

- **Ages** > 5-12 years (plus accompanying adult for under 7’s)
- **Please wear old clothes in preparation for some serious splatters!**
- **Cost** > $15 per workshop plus booking fee. Includes materials, accompanying adults free!
- **Enrolments essential**

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**REACH OUT**

CHARNWOOD-DUNLOP SCHOOL NEWS
A Bite Sized Look at Childhood Anxiety

This single information session will cover:

- What is childhood anxiety
- What contributes to anxiety
- Common fears and worries
- Supporting your child with fears and worries
- Where to go for further support

To register your interest in this session, please contact West Belconnen Child and Family Centre (WBCFC).

**When**
Thursday 19 November 9:30am-10:30am

**Where**
Charnwood-Dunlop School

**Contact**
WBCFC Intake 6205 2904

Gungahlin 51 Ernest Cavanagh St, Gungahlin t 6207 0120

Tuggeranong 159 Anketell St, Greenway t 6207 8228

West Belconnen 6 Luke St, Holt t 6205 2904

www.communityservices.act.gov.au
It’s time to get ready for summer. Kids need to be safe around water before the warm weather begins. Call for a free trial swimming lesson at Kings today. Call 62787868 or visit us at 2 Chalmers place Macgregor
CANBERRA HIP HOP DANCE WORKSHOPS

URBAN, BREAKS, POPPING, HOUSE, COMMERCIAL, FREESTYLE & GROOVE

OCTOBER 10 & 11, 2015

MORE INFO & REGISTER @ WWW.MOVEMENTCOLLECTIVESPACE.COM

MOVEMENT COLLECTIVE SPACE
WESTON CREEK SCOUT HALL
DILLON CLOSE (OFF NAMATJIRA DRIVE) WESTON
ACTION timetable changes

On Monday 12 October ACTION’s weekday bus timetable will change.

Students using regular route services may be affected.

Plan ahead. Check your service and connection times now at action.act.gov.au
Would your kids like an international ‘big brother’ or ‘big sister’?

SOUTHERN CROSS CULTURAL EXCHANGE is looking for voluntary host families for overseas students aged 15-18 arriving in Australia in July 2015. Host families can choose a student based on their interests, background and nationality, for a duration of 3, 5 or 10 months. We have carefully-selected students arriving from Italy, France, Germany, Finland, Denmark, Norway, Sweden, Switzerland and Spain, looking for families who are willing to welcome them into their home and show them the Australian way of life!

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<tr>
<th>Why host a student?</th>
<th>What do host families have in common?</th>
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<tr>
<td>Families choose to host students for a variety of reasons.</td>
<td>willingness to share and care</td>
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<td>While motivations vary between families, all host families gain from:</td>
<td>desire to learn about another culture</td>
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<tr>
<td>• exposing family members to different customs, values and ideas</td>
<td>interest in enhancing awareness of the global community</td>
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<tr>
<td>• developing global interests</td>
<td>curiosity about the world, history, languages, customs</td>
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<td>• helping a student realise his/her dreams</td>
<td>aspiration to develop international friendships</td>
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<tr>
<td>• expanding international friendships</td>
<td>pride in Australia and enthusiasm to share the ways of this beautiful land</td>
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<tr>
<td>• sharing Australia with a new family member from overseas</td>
<td>recognition of the importance of education</td>
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<td></td>
<td>great sense of humour</td>
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Want to learn about another culture without leaving home?

Our international students are looking forward to learning about Australia, and enriching the lives of their host families.

Call Southern Cross Cultural Exchange on 1800 500 501 for more information or
Marie Chalker on 0409 867 512 for the Canberra Region

www.scce.com.au
ANIMAL CRACKERS
SPRING SCHOOL HOLIDAYS AT ARC

The NFSA celebrates Australian films starring your most beloved animals these school holidays, from Skippy to Red Dog.

MON 28 SEP 10AM
SKIPPY AND THE INTRUDERS
MON 28 SEP 12PM
STORM BOY

TUE 29 SEP 10AM
GINGER MEUGS

WED 30 SEP 10AM
NAPOLEON

THU 1 OCT 10AM
BABE

FRI 2 OCT 10AM
BABE
PIG IN THE CITY

TUE 6 OCT 10AM
RED DOG

WED 7 OCT 10AM
HILDEGARDE

THU 8 OCT 10AM
ELEPHANT TALES

FRI 9 OCT 10AM
RETURN TO NIM'S ISLAND

SESSIONS START 10AM, TICKETS $5

Book online: www.trybooking.com/8SH
McCoy Circuit, Acton

CRANLEIGH - CAPITAL CHEMIST

ARTSHOW

WORKS FOR A CAUSE

16, 17, 18 OCTOBER 2015
CRANLEIGH SCHOOL, STARKE STREET, HOLT

Featuring works by Honours students from the ANU School of Art, plus quality artworks for sale by our amazing students and local artists to raise money for Cranleigh School.

OPENING NIGHT
Friday 16 October, 7–9pm

Official Opening by Dr Gerard Vaughan
Director of the National Gallery of Australia

Live music, wine and canapés • Tickets $15 at the door
Weekend Opening Times: Saturday 17 October 10am–6pm
Sunday 18 October 10am–12.30pm • Entry by donation
Artwork raffle drawn, silent auction and People’s Choice Award winners announced 12 noon, Sunday 18 October

For more information: www.cranleighps.act.edu.au

PARENT EFFECTIVENESS TRAINING (P.E.T.)
Supported by Parentline ACT

Communication skills for peaceful parenting and resilient children (without the use of punishment or reward). Helps develop emotional intelligence, and grow confident, considerate children. Powerful, proven and practical. Yell less, enjoy your children more. Build relationships that last a lifetime.


The course consists of three-hour sessions, once per week, for eight weeks. Booking is essential.

$320 pp for the course (investment includes a workbook and textbook).

Course begins: Thursday, 15th October, 2015, Time: 6.30 pm to 9.45 pm, Place: Weston, ACT.

Enjoy P.E.T. with Larissa, Canberra's most experienced P.E.T. instructor.

0413 451 607 ukuu.parentsskills.com.au info@parentsskills.com.au

Larissa Dann
parent skills
Change of Contact Details?

Have you changed your email address or phone number? Has your family situation changed?

Please remember to let the front office staff know immediately if your contact details have changed.

In the event of an emergency with your child/children at Charnwood-Dunlop School, it’s critical that our records are up to date so that we can reach you quickly.

Please email:
info@charnwoodps.act.edu.au

www.charnwoodps.act.edu.au